

COMPETITION RULES

Swimming Competition
SWIMSTAR EGYPT 2026

1. General Information about the Competition

1.1. The **SWIMSTAR EGYPT 2026** swimming competition (hereinafter – the Competition) is held within the framework of the **IRONSTAR EGYPT 2026 Sports Festival**.

1.2. Distance and time limits:

SWIMSTAR ONE MILE:

- **1.85 km. Time limit: 1 hour 10 minutes.**
- Competition date: **January 30, 2026.**

1.3. Venue: **Nabq Bay, Sharm El Sheikh 2, South Sinai Governorate, Egypt.**

2. Management

2.1. The Competition is organized and conducted by **Architecture of Sports LLC** and **Powerridesports (Power Ride for Sports Services)** (hereinafter – the Co-organizer) together with the Chief Referee Panel (hereinafter – the Organizing Committee).

2.2. The composition of the Chief Referee Panel is approved by **Architecture of Sports LLC** and the Co-organizer.

3. Participant Requirements and Admission Conditions

3.1. Admission to participation:

- Persons **16 years and older** are allowed to participate.
- The participant's age is determined as of **December 31** of the competition year.
- Each participant who is a **citizen of the Russian Federation** must present a medical certificate of health serving as the basis for admission to the Competition, issued in the form approved by Order of the Ministry of Health of the Russian Federation No. 1144n of 23.10.2020. The certificate must bear the issuing institution's seal and the physician's signature and seal. It must state that the participant is allowed to take part in a **swimming** competition at a distance no shorter than the declared one. The certificate must be issued no earlier than **6 months** before the Competition date.
- Participants **without Russian citizenship** must provide a medical certificate (in the form attached to these Regulations) serving as the basis for admission to the Competition. The certificate must bear the issuing institution's seal and the physician's signature and seal, and must state that the participant is allowed to take part in a **swimming** competition at a distance no shorter than the one they intend to complete.
- **Medical insurance.** Russian citizens must have medical insurance covering **“swimming” risks** with a minimum coverage of **350,000 RUB**, valid in Egypt.
- A participant without Russian citizenship must have a **national federation license** or medical insurance covering **triathlon** risks, valid in Egypt, with coverage of at least **USD 4,000**.
- The Organizers reserve the right to refuse registration if there are reasonable doubts that the participant is physically capable of completing the distance, if participation poses a threat to the participant's life or health, or if participation could harm the image of the

Competition. In such cases, the participant will receive an explanation by email. If the entry fee had already been paid, it will be refunded in full.

3.2. Responsibility for completing the distance lies with the participant. Any participant who poses a danger to others may be removed from the Competition by decision of the Chief Referee.

3.3. Race pack collection:

- The participant must collect the race pack **in person**.
- If the participant is unable to collect the race pack, a friend or family member may collect it **with a power of attorney**.
- To collect a participant's pack, the authorized person must present: the **original power of attorney** issued to the authorized person, the authorized person's **ID**, a **copy of the participant's ID**, the **original medical certificate**, and the **insurance policy**.

3.4. Race packs are issued only upon:

- Presentation of a valid **ID**.
- Presentation of a **medical certificate** (or medical certificate for non-Russian citizens). A photocopy is accepted only upon presentation of the original.
- Presentation of an **accident and health insurance policy** covering risks associated with **open-water swimming**.

3.5. Special conditions for minors:

- A participant under **18** may receive the race pack only upon presentation of the **original parental consent** for the child's participation in the Competition.
- A **copy of the parent's passport** must be provided.
- A **copy of the child's passport** must be provided.

3.6. After collecting the race pack, the participant receives a **personal electronic timing chip**. The participant must return the chip after the race when retrieving the **bicycle from the transition area**. In case of loss, a fine of **9,000 RUB or USD 110** will be charged.

3.7. Participants in events organized by **Architecture of Sports LLC**, whether competing individually or in teams, may form teams. Teams may create a name, motto, or slogan of their choice (provided it does not insult or demean other participants, spectators, or citizens and does not violate the laws of the Russian Federation or Egypt) and may use such name/motto/slogan for identification. Teams may also create their own symbols, which may be displayed as prints or patches on personal clothing or on team flags. Such symbols must not infringe third-party intellectual property, violate moral standards or applicable laws, or contain offensive or prohibited (including extremist) content under Russian or Egyptian law. If logos or names protected as registered trademarks are used, the team must have the rights holder's consent. Flag displays at the event are permitted in any manner not prohibited by law or the Organizer's rules, provided they do not cover the Organizer's sponsors' and partners' information.

4. Participation Information

4.1. Travel, accommodation, and meals are at the expense of the delegating organizations and participants.

4.2. Registration limit: **100**. The Organizers reserve the right to adjust the limit based on venue

specifics.

4.3. Participation format: **individual** – the athlete completes the entire distance independently.

5. Elite Category

5.1. The IRONSTAR swimming event includes an **Elite** category for the strongest athletes.

5.2. Selection to Elite is **automatic**: the system analyzes the athlete's IRONSTAR results over the last 3 years and, if the standards are met, moves the athlete to the Elite category.

5.3. Athletes placed in Elite are marked with a special icon in the start lists on www.iron-star.com.

5.4. Elite athletes start separately in the **first wave** in a mass-start format.

5.5. Elite athletes may choose to start in the general wave with age groups instead. Each Elite athlete will be notified by email in advance and asked to confirm participation in the category.

5.6. The Elite category competes **only for overall standings**. Places **1–3** among men and among women are awarded.

5.7. Elite athletes may not use **personal safety buoys** during the swim and may not use **wetsuits** at water temperatures exceeding the limits set by the **triathlon** rules.

6. Participant Categories

Age groups:

- Men, Women **16–24**;
- Men, Women **25–29**;
- Men, Women **30–34**;
- Men, Women **35–39**;
- Men, Women **40–44**;
- Men, Women **45–49**;
- Men, Women **50–54**;
- Men, Women **55–59**;
- Men, Women **60+**.

7. Competition Schedule

The current schedule is available at www.iron-star.com. The Organizing Committee reserves the right to make changes.

8. Competition Rules

8.1. The Competition is conducted in accordance with these Regulations.

8.2. Each athlete is responsible for being familiar with and understanding the rules.

8.3. For safety, the start is conducted as a **rolling start**, except for the Elite cluster.

9. Determination of Winners

9.1. Winners and prize-winners are determined based on the order of crossing the start and finish lines according to **net time**.

9.2. Timing is performed using the **MyLaps ProChip** system.

9.3. Protests may be submitted to the appeals committee no later than **45 minutes** before the awards ceremony for the relevant distance and must be accompanied by a fee of **1,500 RUB or USD 20**.

9.4. If the protest is upheld, the **1,500 RUB / USD 20** fee is refunded; otherwise, it is retained.

9.5. Official Competition results are final and **not subject to appeal**.

10. Awards

10.1. Commemorative awards are presented to participants in the following categories:

- Men placing **1st–3rd** in Elite;
- Women placing **1st–3rd** in Elite;
- Men placing **1st–3rd** in their age groups;
- Women placing **1st–3rd** in their age groups.

10.2. All participants who complete the distance receive **finisher medals**.

10.3. Participants who place **1st–3rd in Elite** are **not eligible** for prize places in age-group categories.

11. Application Procedure (Online Registration)

11.1. To participate, an athlete must register on the Organizer's website: www.iron-star.com.

11.2. A participant is considered registered after submitting the application in accordance with the rules and paying the entry fee. All registered participants appear in the start protocol published on the event page at www.iron-star.com.

11.3. By registering and paying the entry fee, the participant consents to the processing of personal data.

11.4. By registering and paying the entry fee, the participant agrees to these Competition Regulations.

11.5. The participant is personally responsible for the accuracy of the data provided during registration.

11.6. For effective communication, the participant must provide a correct phone number and email address. All news, changes, and results will be sent to these contacts.

11.7. Start lists will be closed to changes **no later than 16 days before** the race.

12. Exchange and Refund

12.1. Refunds are made to the participant's personal account balance in the amount of **75% of the slot price**. Funds cannot be withdrawn; they can be used to purchase any slot on www.iron-star.com.

12.2. Transfer of a slot to a third party is possible via the personal account. Details are provided in the FAQ "Registration/Exchange/Refund."

12.3. All possible operations with slots must be completed **no later than 16 days before** the race.

13. Force Majeure

In case of weather or other force-majeure circumstances, the Organizers reserve the right to change the Competition Regulations (postpone the start time, cancel or shorten the **swim** segment) up to and including cancellation of the event, with subsequent notification of participants. In such cases, the entry fee is **non-refundable**.

We wish you the best of luck at IRONSTAR competitions!